



Welcome to **SUSTAIN HOME HEALTH CARE SERVICES**

Illness, disability, injury or old age can affect the way people live their lives. Limited mobility and other physical limitations can make daily living difficult. We aim to help you get the support you need through affordable care and assistance. The services you receive are rendered to you by our team of professional caregivers who are experienced in providing compassionate care to clients at home. Check out our entire website to get more information as to how we can help you or your loved one.

www.sustainhomehealthcare.com

Affordable and Reliable **HOME CARE**

CONTACT US



Sustain Home Health Care Services

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LEARN FAST

www.sustainhomehealthcare.com



You can reach us at:

832-422-4111

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About Us

As a licensed home care agency, Sustain Home Health Care Services offers a wide range of home care services that are centered on helping clients achieve optimal independence and maximum comfort in their respective homes. Each patient's plan of care is personalized to accommodate varying support and care needs.

We are a Houston-based family business that puts emphasis on the affordability of health care to the people within our service area. Close coordination between our team of professionals, the patients, their physicians, and their families concerning the inclusions of the personalized plan of care is the key to keeping our clients safe, comfortable, and happy at home. Our experienced staff is passionate about providing the care you need in a respectful and professional manner.

Our Mission

We are committed to providing care in the most professional, personalized, and respectful manner so that our clients can regain their quality of life.

Why Choose Us

- services available 24/7
- personalized care services
- hourly or live-in care services
- compatibility matching
- care plan is implemented by highly experienced caregivers who were thoroughly screened and are undergoing continuous training
- affordable and reliable support

Services We Offer

- ✓ **Care Plan Management**
We ensure that clients are receiving continuous care where they need it and when they need it.
- ✓ **Companionship**
Our companionship services also double as safety supervision.
- ✓ **Respite Services**
Family members who are also the client's caregivers can now take a break from their duties and still have peace of mind.
- ✓ **Escorts**
We provide escort to medical appointments, social functions, church service, and other activities.
- ✓ **Performing Personal Care**
We help with bathing, grooming, dressing, and other daily living activities.
- ✓ **Preparing Meals and feeding**
Our staff can prepare and plan meals. We can also help with feeding and cleaning up after meals.
- ✓ **Assisting with Mobility and Transfers**
We help prevent falls and accidents at home.
- ✓ **Performing Light Housekeeping**
A little help with housekeeping truly does go a long way.
- ✓ **Assisting with Daily Activities**
Our staff can help with exercise routines, recreational activities, appointment setting, and more!

✓ Running Errands

Our staff can assist with errands like paying bills, picking up prescriptions from the pharmacy, arranging for medical transportation, etc.

✓ Medication Reminders

It's important to take medication on time as directed by the physician.

✓ Groceries and Shopping

Our staff can help you with preparing a shopping list, going to the store purchasing or picking up item and storing purchased items.

Any individual who needs continuing care at home to minimize the effects of old age, injury, illness or disability is eligible to receive the care we provide. We render our services to any individual with no regards to color, age, race, sex, religion, national origin, marital status, and disability.

You will be matched with the right caregiver to assist you in your home, helping you live independently and comfortably as much as possible. If you wish to inquire further about our services, we may be reached at **832-422-4111**.



For Inquiries, Contact Us at:

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